



Sunsafe Policy

2017

To be reviewed 2020

Sun Smart Policy

Brighton Catholic Primary School



Reviewed October 2017

Rationale

Brighton Catholic Primary School realises the need to protect children's skin and educate them about SunSmart behaviour, thus reducing the risk of skin damage from exposure to the sun. Ultraviolet radiation (UVR) levels are highest during the hours children are at school. We are committed to playing a role in protecting them from the harmful effects of the sun.

Aims

The policy aims to

- Provide ongoing education that promotes personal responsibility for skin cancer prevention and early detection.
- Support SunSmart practices.



Slip



Slop



Slap



Seek



Slide

Source: <http://www.generationsunsmart.com.au/>

Procedures

Our school recognises that winter sun also contributes to skin damage. This policy will therefore be implemented throughout the entire year. The purpose of this Sun Safe policy is to ensure all children are protected from the harmful effects of the sun throughout the year, develop and maintain sound sun safe habits.

BCPS expects children to wear hats whenever they are outside during the day as well as too and from school. We ask parents to support the schools Sunsafe policy by ensuring their children have a school hat at all times.

Our Commitment

Brighton Catholic Primary School will,

- Provide parents with a copy of the Sun Safe policy when they enrol their child in the school enrolment package.
- Incorporate education programs that focus on skin cancer prevention into the school curriculum.
- Encourage all teachers and staff to act as positive role models for children in all aspects of Sun Safe behaviour.
- Seek ongoing support from parents and the school community for the Sun Safe policy and its implementation, through newsletters and other forms of communication.
- Ensure all students and staff wear hats that protect the face, neck and ears and apply broad-spectrum, water-resistant sunscreen when involved in outdoor activities.

-
- Encourage students without adequate sun protection to use shaded or covered areas at recess and lunch times.
 - Ensure adequate shade is provided at sporting carnivals and other outdoor events.
 - Encourage parents and students to apply sunscreen every morning and to bring their own personal sunscreen to school for reapplication.
 - Families are required to provide their children with roll on sunscreen for quick, easy and mess free application during the day.

Our Expectations

Parents/carers will

- Provide a School Sun Safe hat for their child and ensure they wear it to and from school.
- Ensure their child applies broad-spectrum, water-resistant sunscreen 20 minutes before leaving for school.
- Provide children with roll on sunscreen for quick, easy and mess free application during the day.
- Ensure their child's clothing provides adequate protection from UVR as part of our school uniform.
- Act as positive role models by practising Sun Safe behaviour.
- Support the school's Sun Safe policy and help to design and regularly update the policy.

Students will

- Be aware of the school's Sun Safe policy.
- Take responsibility for their own health and safety by being Sun Safe.
- Comply with Sun Safe rules and guidelines by wearing school hats, school uniform and sunscreen.
- Apply broad-spectrum, water-resistant sunscreen 20 minutes before coming to school.
- Re-apply sunscreen during the day as necessary.
- Use shaded or covered areas when outdoors.
- Act as positive role models for other students in all aspects of Sun Safe behaviour.
- Participate in Sun Safe education programs.

Resources:

Cancer Council Australia

<http://www.cancer.org.au/preventing-cancer/sun-protection/sunsmart-schools/>

SunSmart Australia

<http://www.sunsmart.com.au/>

<http://www.sunsmart.com.au/uv-sun-protection/nine-questions-about-sunscreen-that-you-need-to-know-the-answers-to>